

What can I do at myuhc.com[®]?

- Find a doctor.
- Track my blood pressure.
- Find a great hospital.
- Track my weight.
- Look up my claims.
- Improve my health.
- Order my prescriptions online – and save.
- Chat with a nurse.
- Simplify my life.
- Learn about diabetes.
- Save money on services.
- Stay healthy.
- Replace my health plan ID card.
- Record my health history.
- Keep track of my family's medical history.
- Estimate costs ahead of time.
- Embrace wellness.
- See my benefits.
- Keep track of my shots.
- And much, much more.**

It all adds up to
peace of mind.

Organize my claims

- See the status of my current claims
- Check my past claims history
- View my monthly statements
- See my whole family in one view
- Print copies for my records

Find a doctor

- Search for a doctor or hospital in my area
- See which doctors meet stringent quality standards
- Evaluate hospitals on cost, quality and patient safety
- Find a mental health professional
- Get driving directions and print a map
- Find a doctor who treats a lot of people like me

Get more from your health benefits with **myuhc.com**

Get the facts

- Learn more about my coverage
- Check my current eligibility
- Look up my deductible or out-of-pocket limit

Improve my health

- Take a complimentary online Health Assessment, with recommendations for change
- Read the most up-to-date, trustworthy healthy lifestyle advice
- Use tools, quizzes, and calculators on everything from aging well to world travel

UnitedHealthcare Health4MeSM mobile app

- Access your family's health information anytime, anywhere.
- Features include easy access to registered nurses, personal health benefits information, and the ability to locate nearby physicians and hospitals

(Currently available for iPhone[®] and Android[™] operating systems.)

Get help with decisions

- Learn more about health conditions or procedures
- Connect with a nurse through live, one-to-one online Nurse Chats
- Check the facts on medications and estimate my costs
- Read up on common symptoms and what they might mean
- Explore various treatment options



It's easy to register.

1. Visit www.myuhc.com
2. Select **REGISTER NOW**
3. Type in the requested information
4. Get started

